

BY CVRS & TRINIDAD EYE HOSPITAL

THE LIFE CHANGING POTENTIAL OF EYE CARE

We are Caribbean Vitreous and Retina Surgery Ltd. (CVRS) & Trinidad Eye Hospital (T.E.H). We have dedicated our lives to not only restoring sight to the blind and repairing vision loss for thousands more who cannot see, but to preventing avoidable blindness.

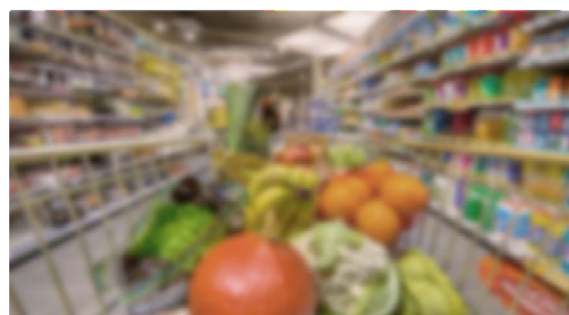
Four years ago, CVRS Chief Surgeon and Director, Dr. Ronnie Bhola, created the Trinidad Eye Hospital as a way to make free eye surgery a little more accessible in the private health sector for some who really don't have the means. This adds deeper meaning to our eye care operations each day as it offers hope to those who are vulnerable and in need. The number of free surgeries we have provided since 2016 will cross 200 by the end of 2021 and we are grateful.

As we get older, almost all of us will develop cataracts (clouding/loss in transparency of the lens) in our eyes and this is one of the most common eye conditions in that causes blindness worldwide. Although cataracts can be surgically removed, in many countries, Trinidad and Tobago included, barriers exist that prevent patients from accessing the required surgery. These barriers are often lack of funding for corrective eye surgery, and sometimes it is just a case of an over-burdened public health care system, making cataracts one of the leading causes of avoidable blindness worldwide. Before reaching the stage of blindness however, many persons suffer from low vision hence the impact of cataracts may be a prolonged one.

Our doctors and surgeons all strive towards using their gifts to give back and to make a significant difference in the lives of our patients. We believe that the same high quality of eye

care should be easily accessible to all persons regardless of their economic status. It is with this in mind that we have designed our services so that good fortune is simply passed along. For those who can afford the regular price, we honour you by passing most of that along to someone who cannot. You directly contribute to helping those who are part of our Subsidized Pricing (SP) Program and can only afford part payment. It does not stop there, as both regular priced and subsidized priced patients, pass their good fortune along through charity eye surgeries to those who absolutely cannot afford much-needed eye care.

This eyecare can be life changing, in the case of cataract surgery, not only is your eye-sight restored but your quality of life can drastically improved and your independence reclaimed. Imagine your life but you can only see through a very dirty window. This is what living with cataracts is like.



Now imagine that a 12-15-minute procedure done by your ophthalmologist can fix that. Cataract surgery is one of the most common and perfected surgeries in the world. During the surgery, your original and clouded lens is removed and a clear

synthetic lens or IOL (intraocular lens) is inserted. This surgery is an outpatient surgery meaning that you don't have to stay in the hospital after the surgery and the recovery period is usually very brief. Often, within a matter of 24 to 48 hours vision is drastically restored and recovering at home after surgery is relatively easy with only a few simple restrictions.

Having your cataracts removed can be a major turning point, especially if you've had to deal with them for a long time. Over this time, you would have become accustomed to poor eyesight and found difficulty in doing tasks like driving or reading and



Vision After Cataract Surgery

even watching television. After surgery, you will be amazed at what you can now see and do many things you couldn't do before.

It is also very important for all persons with diabetes to have eye screening done which can also be done for free at Trinidad Eye Hospital's Diabetic Eye Screening Program (DESP). Diabetes can not only make you more susceptible to developing cataracts but to other serious eye diseases which cause irreversible blindness. For more information visit: [DESP | TrinidadEyeHospital](#)

For us, preserving eyesight is not just a profession but a calling. One that is humbling. It brings us great joy each time we witness a patient's happiness, when they can see their loved ones again after surgery. We are grateful that God has chosen us to do this important work of restoring sight.



For more information or to learn about donating to our charitable events, you can visit our website at www.trinidadeyehospital.org.



DON'T LOSE SIGHT OF WHAT'S IMPORTANT

Early detection can save your sight! Call - 687-3377

DIABETIC EYE SCREENING PROGRAM (DESP) FREE FOR ALL PERSONS WITH DIABETES

TRINIDAD EYE HOSPITAL PROGRAMS

- Diabetic Eye Screening Program (DESP)
- Gift of Sight Charity Initiative - Charity Cataract Surgeries
- Christmas In July - Charity Cataract Surgeries
- Sight Saver Charity Initiative- Charity Vitrectomy Surgeries
- Community Outreach
- Education Outreach: Training, Development & Public Education

Trinidad Eye Hospital & CVRS

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CVRS SERVICES

- Cataract Surgery
- Retina Surgery
- Glaucoma Testing, Treatment & Surgery
- Eye Scans & Tests
- Diabetic Eye Disease Treatment

Subsidized Pricing Program
Surgical Services Payment Plans

SAN FERNANDO | ST AUGUSTINE | MARAVAL



www.trinidadeyehospital.org



CVRS is the primary sponsor for Free Trinidad Eye Hospital's Screening Programs & Surgery Events