



ABOUT US

We are on a mission to make the world a better place by providing Quality Eyecare For All.

We help patients SEE clearly so they can be confident and enjoy life. By restoring sight, we help people avoid the pain and suffering of blindness.



SUBSIDIZED PRICING (SP) PROGRAM

Our Subsidized Pricing (SP) Program is a discount program where patients benefit from reduced prices for clinic and surgical services.



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A PATIENT'S GUIDE TO CATARACT



WHAT ARE CATARACTS?

Cataracts are a very common eye condition that occurs as we age. Cataracts are formed when the lens in our eyes become cloudy.

When this occurs, light cannot pass directly through the lens and vision is decreased. A cataract is neither a growth nor a film growing over the eye; it is simply the lens becoming foggy.

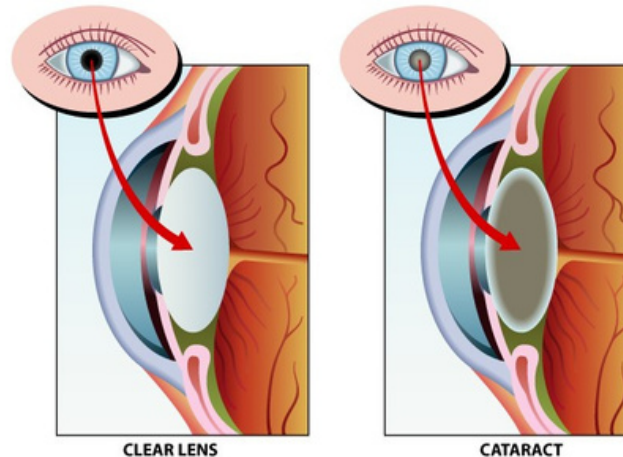
CAUSES

There are several causes of cataracts, but the most common cause is aging.

SYMPTOMS

Cataracts usually develop slowly. Having a cataract can be like looking through a dusty window. Things look blurry, hazy or less colorful.

Sight becomes cloudy making it difficult to see. You may need a lot more light for reading. Bright lights cause glare or dazzle you more than normal.



TREATMENT

The only effective treatment for cataracts is surgery.

During this procedure, your Ophthalmologist will remove the cloudy lens and replace it with an artificial lens implant which eventually becomes a permanent part of your eye.

WHAT HAPPENS DURING SURGERY?

Cataract surgery usually lasts about 10-12 minutes. It is usually done with a local anaesthetic, which means you will be awake but will feel no pain.

The most common way to remove cataracts is phacoemulsification, which involves using high frequency sound energy to break up the cataract.

The clouded lens is removed and an artificial lens is implanted in place.

Only small incisions are used, eliminating the need for stitches. These “self-sealing” incisions eventually close by themselves over time.

A shield (patch) will be placed over your eye to protect it while you heal from surgery.

You will need to rest in a recovery area for about 15–30 minutes before you can go home.

WHAT HAPPENS AFTER SURGERY?

As the anaesthetic wears off, it is normal for the eye to feel a bit sore. Over-the-counter painkillers may be used to help.

Your sight may not be as good as you expect for the first week after surgery as your eye may still be recovering.

You will be given eye drops to reduce inflammation and it is important that you use it as advised.

